

COLORADO NURSES AIDE SCHOOL

Nurse Aide Training Program Lab & Clinical Skills Checklist

NAME OF STUDENT NURSE AIDE: _____

Instructor Name- Nombre del instructor

1. Carolyn Omiteru, RN MSN (Program Director)	3. Annahize M, CNA
2. Loreen M. CNA	4.

Clinical name- Nombre de la clínica

1. Life Care of Littleton	3. Life Care of Colorado Springs
2. Advanced Health Care	4. School Simulation

Habilidades de auxiliar de enfermería

TASK/SKILL)	DATE SKILL Training Completed Fecha De Cuando Terminastes Los Habilidades		CLINICAL INSTRUCTOR COMMENTS Comentarios de Instructor
	LAB	CLINICAL	
- Handwashing*			SKILL 1
- Don/Doff gown and gloves* (PPE)			SKILL 20
- Donning and doffing a full set of ppe)			Hartman 3.5min
-Biohazardous Material			
-Backrub			
-Decubitus Prevention			See HANDOUT SECTION under Resources
- Identifies/Reports changes to skin			See HANDOUT SECTION under Resources

- Foot Care			Hartman 6 min
- Bed Bath (full/partial)*			SKILL 18 (Partial) Hartman 14min(Full)
- Tub Bath)			Video Youtube
- Shower			
- Shampooing Client hair (shower/bed)			
- Dressing Client with an I.V .()			
- Provides total assistance with dressing			
-Incontinence Products			
- Perineal Care (Female)			SKILL 13
- Perineal Care (Male)			SKILL 13(6:00)3 min Hartman
-Log Rolling &/or Dangling			
- Use of lift sheet/DRAW sheet			
- Assist with glasses ()			
- Assist with hearing aid			
- Assist with toiletries (perfume, make up)			

TASK/SKILL	DATE SKILL Training Completed FECHA Entrenamiento de	CLINICAL INSTRUCTOR COMMENTS
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	HABILIDAD completado		
	LAB	CLINICAL	
- Mouth Care/Brush Client's Teeth* (			SKILL 8
- Denture Care*			SKILL 15
- Mouth Care of Unconscious Client			Hartman 4 min
- Walker			
- Cane			
- Gait Belt*/Ambulation (Walking) (Cinturón de Marcha / Deambulaci3n (De Caminar))			SKILL 3
- Bed to Wheel Chair (with transfer belt)*			SKILL 2
- Two Person Transfers			
-Non Skid Shoes or Socks			
-Dangling			
-Repositioning in a chair			
- Mechanical Lift Use FULL-Hoyer lift machine			
Standing lift-Sabina/sit to stand lift			
- Measure & Record Height			
- Non-weight Bearing			video-Youtube
- Supine in Bed ()			See HANDOUT SECTION under Resources
- Prone in Bed			See HANDOUT SECTION under Resources
- Fowler's Position			See HANDOUT SECTION

			under Resources
- Sim's Position			See HANDOUT SECTION under Resources
- Measure & Record Respirations*			SKILL 9
- Measure & Record Radial Pulse*			SKILL 10
- Measure & Record Electric Blood Pressure*			SKILL 11
- Measure & Record Weight (			Hartman 3min
- Measure & Record Manual Blood Pressure			Hartman 4min (YouTube)
- Measure & Record Oral Temperature			Hartman 4min
- Measure & Record Temporal Temperature(Head)			Hartman
- Measure & Record Tympanic Temp(Ear)			Hartman
- Measure & Record Axillary Temp			Hartman
- Measure & Record Brachial Pulse			Video-Youtube
- Measure & Record Apical Pulse			Video-Youtube
- Reports abnormal vital sign(s) to nurse			See HANDOUT SECTION under Resources
TASK/SKILL	DATE SKILL Training Completed		CLINICAL INSTRUCTOR COMMENTS
	LAB	CLINICAL	
- Elbow/Wrist (passive/active)			Hartman 11min
- Knee/ Ankle (passive/active)			Hartman
- Shoulder (passive/active)			Hartman

- Hip (passive/active)			Hartman
- Hand/Fingers (passive/active)			Hartman
- Feed dependent Client*			SKILL 7
- Cue confused Client to feed self			
- Use of assistive devices for feeding			
-Clothing Protector			
- Thickened Liquids			
- Abdominal Thrusts (Chocking)			
- Measure & Record Intake (fluid)			See HANDOUT SECTION under Resources
- Measure & Record Intake (food)			See HANDOUT SECTION under Resources
- Empty Drainage Bag			SKILL 4
-Day Bag(Urinary)			
-Night Bag(Urinary)			
- Indwelling Catheter Care (male)			SKILL 17
- Indwelling Catheter Care (female)*			SKILL 17
-Leg Strap			
-Statlock			
-Belly Bag			
-Purewick			Video-Youtube
-Primofit			Video-Youtube
-Colostomy Cares			

- Empty Ostomy Bag			
- Wanderguard/elopement device			
- Tab Alarm/Pressure Alarm			
-Hipsters			
- Lap buddy/waist restraint			
- Makes Unoccupied Bed			Hartman 8min
- Makes Occupied Bed*			SKILL 6
- Maintains clean, safe Client unit			See HANDOUT SECTION under Resources
- Cares for and secures Client possessions			See HANDOUT SECTION under Resources
- Assist Client with Prosthetic Device			YouTube
- Assist Client with Orthotic Device			YouTube
- Provides post-mortem cares			YouTube
- Allows dying client to express fears or beliefs			
- Appropriate Verbal Communication			
- Appropriate Nonverbal Communication			
- Provides privacy & maintains Confidentiality			
- Safely handles O2			
- RACE/PASS** (Fire Safety)			Fire Extinguisher A-B-C-D-K

			RACE – Rescue, Activate or Alert, Confine or Contain, Extinguish PASS – Pull, Aim, Squeeze, Sweep
- Assists in resolving grievances & disputes			See Handout Resources
- Responds Appropriately to Client Behavior			See HANDOUT SECTION under Resources
- Communicates appropriately with cognitively impaired Clients			See HANDOUT SECTION under Resources
- Recognizes & reports safety hazards			See HANDOUT already discussed with Clean Environment
- Recognizes & reports emergencies and responds appropriately			See HANDOUT SECTION under Resources
- Modifies own behavior in response Client behavior)			See HANDOUT SECTION under Resources
- Provides emotional support to Client			See HANDOUT SECTION under Resources
- Encourages family support of Client			See HANDOUT SECTION under Resources
- Encourages Client to make personal choices consistent with Client's dignity and needs			See HANDOUT SECTION under Resources
- Promotes Client's ability to function independently			See HANDOUT SECTION

			under Resources
- Assists Client to attend and participate in activities of Client's choice			See HANDOUT SECTION under Resources
-Signs & Symptoms of Abuse			See HANDOUT SECTION under Resources
-Standards Of Care For Cognitive Patient			See HANDOUT SECTION under Resources
-Responding Appropriately & Standards To Reduce The Effects Of Cognitive Impairment			See HANDOUT SECTION under Resources
- Assist to Dress using assistive devices			
-Cues Confused Client to Dress Self			
-Dressing With Affected Arm/Leg*			SKILL 5
-Applies Knee high Elastic stocking*			SKILL 14
-Shaving with Safety Razor			
-Shaving With Electric Razor			
- External Catheter/Condom/Texas			
- Suprapubic Catheter			
-Bedpan *			SKILL 19
-Fracture Pan			

-Urinal			
-Bedside Commode			
-Bowel & Bladder Retraining			
-Specimen Hat			
Specimen (Urine,Stool,Sputum)			
-Side Rails (½,¼,full)			
-Fall Mat			
-Crutches			
-Foot Cradle/Bed Cradle			See Orthotic Device section Video previously watched
-Abduction Wedge			
-Smoking Apron			
-Sliding Board			
-O2 Portable			
-Pulse OX			
-Shower Sleeve			
-Incentive spirometer			
-Allergy band			

-Disposable blood pressure cuff			
-Positioning wedge			
Sundowning			
Cognitive Status			A (Alert) and O (Oriented) x4 1. Oriented to Person 2. Oriented to Place 3. Oriented to Time 4. Oriented to Event

* Denotes a practical skill that is part of the current State Competency Evaluation.

Conversions

1 pound (LB) = 16 oz (ounces)

1 kg=1000 grams

1 kg=2.2 pounds

12 inches=1 foot

1 oz=30 cc cubic centimeter—for example 8 oz x (multiply) by 30 cc =240 cc/ml

To convert kg (Kilogram) to pounds (lbs) For example 104.5 kg X (multiply) 2.205 lbs= 230 lbs

To convert Celsius © to Fahrent (F) see Google search because I am tired of typing now :)-If you read this far please tell the Program director for extra credit points

INSTRUCTOR/PROGRAM DIRECTOR ONLY

****Terminal Competency Evaluation**

All students completing the nurse aide training program are expected to demonstrate, at minimum, the six Terminal Competencies listed below. **Please evaluate the student's success affecting the Terminal**

Competencies when interacting with Clients during the clinical experience.

1= Needs Improvement – The student seldom or never meets the objective.

2= Meets the Standard – The student frequently or often meets the objective.

3= Exceeds the Standard – The student consistently or always meets the objective.

#	Terminal Competency	1	2	3
1	The student demonstrates the ability to form relationships, communicate and interact competently on a one-to-one basis with clients. Introduces self to Client; Explains procedure; Maintains professional communication; Speaks or communicates so Client can understand; Ensures call light is within reach before exiting room			
2	The student demonstrates sensitivity to Clients' emotional, social, and mental health needs through skillful, directed interactions. Responds appropriately to Client behavior; Allows Client time to express feelings or concerns			
3	The student demonstrates the ability to assist Clients in attaining and maintaining independence. Encourages and offers Client choices; Encourages Client to perform self-care; Demonstrates to Client the correct use of adaptive devices			
4	The student exhibits behavior in support and promotion of Clients' rights. Knocks and waits for permission to enter Client room; Answers call lights and provides care promptly; Maintains confidentiality of records; Provides privacy during cares			
5	The student demonstrates observational and documentation skills needed in the assessment of Clients' health, physical condition and well-being. Observes Client for abnormalities or changes; Reports abnormalities or changes to Nurse; Documents vital signs, intake and output, height and weight correctly			
6	The student demonstrates an awareness of the Colorado Nurse Aide Practice Act (NAPA) Provides cares/services according to care plan; Provides the cares/services for which he/she has been trained and found proficient; Verbalizes understating of NAPA's function			